



30th May - 7th June 2009

Organised walks
around the city**WALKIT**
SheffieldWalk Sheffield – organised by
the Sheffield Walking Forum:**Wednesday 3 June continued****Sheffield Country Walk**14km/8.5miles
10.45am - 3.45pmChequers Inn, Coal Aston → Fox House
Lunch stop

9.47am 253 bus - Flat St to Dyche Ln, Coal Aston

Gordon Wilson - 0114 201 0733

City Centre Adventure

See featured walk overleaf

The Beauty of Graves Park3km/2miles
1pm - 2.30pm

Graves Park Café → Return

Regular 20/20A buses from Pinstone St to Graves Park

Ben West/Helen Judge - 0114 205 3954

Evening Walk in Bradfield Dale

History; 5km/3miles

7pm - 9pm

Low Bradfield (car park) → Return

61/62 bus - Hillsborough Interchange to Low Bradfield - 2 min walk to car park

Malcolm Nunn - 0114 233 7463

bradfield.history@mypostoffice.co.uk

Thursday 4 June**Flask Edge**8km/5miles
10am - 12.30pmFleur de Lys pub Totley Terminus → Return
No pets; Lunch stop9.20am 97 bus - Sheffield High St to Totley
Patrick and Barbara Cassidy - 0114 262 0699
barbara@daisybee.co.uk**New Paths & New Access Land**16km/10miles
10am - 4pmUnsliven Bridge bus terminus, below Underbank Reservoir, Stocksbridge → Wharncliffe Side
No pets; Lunch stop9am 57 bus - Sheffield Interchange to Stocksbridge, Unsliven Bridge
John Harker - 07929 051978
trueblade55@yahoo.co.uk**Sheffield Country Walk**11km/7miles
10.15am - 2.45pmFox House Inn → Moscar Lodge
No pets; Lunch stop9.25am 65 bus - Sheffield Interchange to Fox House
Diana Curtis - 01433 620724
dicathope@aol.com**Rother Valley Country Park,
Chesterfield Canal & Killamarsh**History; 8km/5miles
10.45am - 1.45pmMeadowgate Lane Bus Turning Circle, Sothall → Return
Lunch stop10.10am 30 bus - Arundel Gate to Sothall, Rother Valley Way
Ivy Wheat - 07984 680871**Evening Walk along Sheffield Canal**8km/5miles
6.30pm - 8.30pm

Victoria Quays → Meadowhall Interchange

Book ahead

Meet at Victoria Quays, entrance from Blunk St & Furnival Rd

Tina Moores - 0114 203 9335 / 07720 510302
tina.moores@sheffield.gov.uk**The Ridge over the Don**6.5km/4miles
7pm - 9pm

Bus Stop at Mangla, Spital Hill → Hillsborough

6.45pm 33 bus from Arundel Gate

Neill Schofield - 0114 272 4499
neill.schofield@googlemail.com**Friday 5 June****Endcliffe Park and surrounding area**3km/2miles
10am - 11.30am

Endcliffe Park entrance, Hunters bar → Return

9.44am 88 bus - Leopold St to Hunters Bar

Ben West/Helen Judge - 0114 205 3954

Sheffield Country Walk8km/5miles
10am - 1.30pm

A57 at Moscar (Opposite Bus stop)

→ High Bradfield (Old Horns Inn)

No pets; Lunch stop

9.15am 273 bus - Sheffield Interchange to Moscar (A57)

Les Seaman - 0114 266 7723

A Look Back in TimeHistory; 3km/2miles
10.30am - 11.45am

High Greave Inn car park → Ecclesfield Church

No pets; Book ahead

9.55am 76 bus - Arundel Gate to High Greave Inn

Joy Fell - 0114 284 5481

Moss Valley Walk9km/5.5miles
10am - 3pm

Fox Lane Rec Ground → Return

No pets; Lunch stop

9.34am tram - Cathedral to Birley Lane

Tom Newman - 0114 275 1176
tom.newman@sheffield.gov.uk**Saturday 6 June****A Different Side of Town**16km/10miles
10am - 4pm

Darnall Railway Station, Station Rd →

Woodhouse Railway Station, Bus terminus (No 52)
Lunch stop

Regular 52 bus from Arundel Gate

9.44am train from Sheffield Station.

John Harker - 07929 051978
trueblade55@yahoo.co.uk**Rivelin Valley Stroll**5km/3miles
10.30am - 12.30pm

Car park past Fire station on Rivelin Valley Rd

→ Return

No pets

Tram to Malin Bridge; 11/12 bus from Arundel Gate

Judy Hillman - 0114 266 7574
judith.hillman@talktalk.net**Water Power in the Porter Valley**History; 5km/3miles
10.30am - 12.30pmEndcliffe Park entrance, Hunters Bar → Return
No pets; Lunch stop10.09am 83 bus - Leopold St to Hunters Bar
Ros Hancock - 0114 230 2247
ros.hancock@care4free.net**Sheffield Country Walk**14km/8.5miles
11am - 4pm

Old Horns Inn, High Bradfield →

Greno Woods, Wood Seats

Lunch stop

10am 61 bus - Hillsborough Interchange to High Bradfield (Old Horns Inn)

Peter Digby - 0114 236 6821

Sunday 7 June**Highest Point on Sheffield Boundary**18km/11miles
9.20am - 4pm

Wyming Brook Drive → Low Bradfield

No pets; Lunch stop

9am 273 bus - Sheffield Interchange to Wyming Brook Drive

Judy Gathercole/Susan Rushworth - 0114 229 5476

Woodhouse Wander10km/6miles
10am - 3pm

Woodhouse Train Station, Station Rd,

Woodhouse → Return

No pets; Lunch stop

9.20am 52 bus - Arundel Gate to Station Rd, Woodhouse

Cassa Townsend - 0114 275 1176
cassa.townsend@sheffield.gov.uk**Round Walk 70th Anniversary Ramble**

See featured walk overleaf

Family Walk for All6.5km/4miles
10.30am - 1.30pm

Whirlow Park Entrance on Ecclesall Rd →

Forge Dam Café

Lunch stop

10am 272 bus - Sheffield Interchange to Ecclesall Rd St, Whirlowdale Rd

John Bater

Sheffield's Early Water SupplyHistory; 10km/6miles
10.30am - 2.30pm

University tram stop → Lodge Moor

No pets; Lunch stop

Trams to university; 51/52/40 buses

Nick Blood - 0114 234 6052

Sheffield Country Walk10.5km/6.5miles
10.30am - 2.30pm

Wood Seats (Penistone Rd) →

Meadowhall Rail Station Car Park

No pets; Lunch stop

10.05am 77A bus - Sheffield Interchange to Wood Seats (Penistone Rd)

Stella Longden - 0114 269 4698

stella.longden@talktalk.net

Weekly Health Walks

Why not try these weekly organised walks to improve your health (not including bank holidays). They're no longer than one hour and are easy going. For more information call the Health Projects team on 0114 203 9337.

MONDAYS**Foxhill - 10.00am**

Meet at St Cecilia's Centre, Chaucer Close - limited places

Graves Park - 10.00am

Meet at the Rare Breeds Car Park, Hemsforth Road

Upperthorpe - 10.30am

Meet at Upperthorpe Library - 0114 270 2040 to check availability

Darnall - 11.00am

Meet at High Hazels Park Café, off Greenland Road

Firth Park - 11.30am

Meet at the First Start Building, Firth Park Road

Parson Cross - 1.00pm

Meet at The Pavilion in Parson Cross Park, off Buchanan Road

Hillsborough Park - 1.30pm

'Buggy Brigade' Pavilion, Hillsborough Park, Middlewood Road

TUESDAYS**Ecclesall Woods - 10.30am**

Meet at Abbeydale Industrial Hamlet Car Park

Stannington - 10.30am

Meet at the Forum Shop, 409 Stannington Road

Handsworth - 1.30pm

Meet at The Scout Hut, back of the church, Handsworth Road

Pitsmoor - 1.30pm

Meet at Pitsmoor Surgery, Burngreave Road

Porter Valley - 1.30pm

Meet outside Endcliffe Park Café, Rustlings Road

WEDNESDAYS**Stocksbridge - 10.30am**

Meet at various venues - 0114 283 0572 for further information

Totley - 10.30am

Meet at Totley Library on Baslow Road

Gleadless - 12.30pm

Meet at Gleadless Medical Centre, on Gleadless Road

Ecclesfield - 2.00pm

Meet at Mill Road Surgery

Richmond - 2.00pm

Meet in the lobby at St Catherine's Church on Richmond Road

THURSDAYS**Firhill - 9.30am**

Meet outside Firhill School, Orphanage Road

Grenoside - 10.00am

Meet at the Community Car Park, on Main Street

Hillsborough - 10.30am

Hillsborough Arena off Middlewood Rd - 0114 233 5310

Lowedges - 10.30am

Meet at the Community Wing, Lowedges Junior School

Whiteley Woods - 10.30am

Meet outside Forge Dam Café, Whiteley Lane/Brookhouse Hill

Wisewood/Wadsley - 10.30am

Wisewood School (Community Sports College), off Laird Rd

Parson Cross - 1.00pm

Meet at the Pavilion in Parson Cross Park, off Buchanan Road

Shiregreen - 1.00pm

Meet at the F.E.F.A Resource House, 153 Faglove Road

Whiteley Woods - 2.00pm

Meet outside Forge Dam Café, Whiteley Lane/Brookhouse Hill

FRIDAYS**Norfolk Park - 10.00am**

Meet at the Heritage Centre, off Guildford Avenue

Woodhouse - 1.30pm

Meet at Woodhouse Library, Skelton Lane

Get walking

Walking is good for your health and it's free, so why not have more journeys on foot? Start by going on one of our fantastic walks – you might get a taste for it.

Walk Sheffield is a festival of organised walks around the city that you can join in with for free. Yes, just turn up on the day and an experienced walk leader will take everyone on a new and exciting route, providing fascinating local information along the way.

The walks are different lengths and range from easy strolls to more challenging hikes. Many have themes, such as history and nature.

Benefits of walking?

Walking is one of those obvious things we could do to increase our health and fitness.

We know that we would feel better with a healthy lifestyle but still choose to take those one mile journeys by car or bus. Well maybe it's time to change, bit by bit.

Walking is Free - save money on your travel**Healthy** - improving fitness, mental health and wellbeing. Reducing the risk of medical problems such as coronary heart disease, diabetes and strokes**Good for safety** - pavements are safer to be on than roads**Social** - some of the best conversations happen on foot**Interesting** - how many new things would you notice if you walked your journey?**Things to help you get started**Use **walkit.com** to plan your walking journeys. This website journey planner has information about the gennels/alleys and parks in the city as well as all the pavement routes you normally use.Put in where you are going from and to and it will give you a quickest route (or less busy route if you want) on a map and some directions. See the hill profile below the map to see if there are any significant climbs involved. Walkit.com will also tell you how long it will take, calories burned and CO₂ saved.**The Sheffield Walking Map** has suggestions for areas and routes for walking. Call Sheffield City Council on 0114 205 3073 or email transport@sheffield.gov.uk for a copy.**Organised walks**Do you want to walk more but don't know where to start? Contact **Get Walking Keep Walking** about increasing how much you do. Different walks are available all year round. The walks are from local centres, so you won't need to travel far to get involved, and are designed to be easy going. Call 0114 205 3954 or see www.getwalking.org.uk/sheffield.

City Centre Adventure

Explore the Sheffield you thought you knew afresh. In amongst the modern metropolis there is a hidden historical city. Let us take you on a stroll through the alleyways and gennels of old Sheffield town. Or why not try it yourself – see the map.

Walk Sheffield will be launched on Friday 15 May when this walk will take place 1pm and 2pm.

History; 2.5km/1.5miles
Wednesday 3 June 2009
12noon - 1pm
 Town Hall Steps → Return
 No pets
Terry Howard - 0114 266 5438



1 Backfields – 'Backfields' simply means the fields at the back of the town. It is an indication of how rural Sheffield was in the early 18th century.

2 Pinfold Street – A 'pinfold' was a small enclosure on the edge of a town or village where stray animals would be penned in.

3 Townhead Street – In this vicinity used to stand the 'Townhead Cross' which marked the way out of Sheffield towards Broomhill, Upper Hallam and Derbyshire.

4 Paradise Square – This 18th century Georgian square has seen many mass political meetings, rallies and demonstrations of Sheffield radicals, 'Chartists' and various rights campaigners.

5 Market Place – Here used to stand Sheffield's 'Market Cross' on the site of the original market place. Further down Market Place towards the top of Snig Hill was the 'Irish Cross'. This may have marked the way in and out of the town towards the north and north-west.

6 Haymarket – Here was the original hay and beast market.

7 Jew Lane – This may have originated from 'Jehnu' Lane, meaning 'driver' or 'whip' – possibly linked to the driving of animals into the beast market or to the early coaching business.

8 Upper Chapel (Norfolk Row) – The Upper Chapel was the first of many non-conformist chapels built in Sheffield. The oldest parts of the chapel are the brick walls built early on in the 18th century. In the grounds are three bronze sculptures by George Fullard (from the 20th century).

Round Walk

70th Anniversary Ramble

23km/14.5miles
Sunday 7 June 2009
10am - 4pm
 Endcliffe Park Café → Return
 Lunch stop; Book ahead
Henk Littlewood, Sue Lee - 0114 283 9195 / 07866 605426
Henk.Littlewood@sheffield.gov.uk

Up hill and down dale, rolling through the South Yorkshire countryside through urban communities laced with ancient green woodland up into the wilds of the Peak District, the Round Walk is Sheffield's answer to the Outback Walkabout.

The walk leads the adventurous walker along the Porter Valley through Endcliffe

Park, Forge Dam, all the way up towards Ringing Low and the Peaks before dropping back down through the magnificent ancient woodland of the Limb Valley, Ecclesall Woods and Beauchief.

The path traverses a site of special scientific interest in Ladyspring Woods, then the ancient coppiced oak woodland of Chancel Woods to emerge at Graves Park. This is the former estate of one of the city's greatest philanthropists J.G. Graves, the mail order King of the early 20th century.

From Graves Park the walk explores more rich woodland in the Gleadless Valley before skirting Meersbrook Park, Brincliffe Edge



and Chelsea Park to end where the walk begins at Endcliffe Park.

At over 14 miles the walk is not for the faint hearted, but **escape routes and bus stops abound**, and tea shops and resting points are there for the weary. Few have completed the circuit, but for those hardy folk who wish to try, the tapestry of a great city is laid out before you.

The Walks

Have a look at these great walks going on during the Walk Sheffield festival. The information for each is arranged like this:

- Name of the walk.
- How far the walk is, whether there are any medium or steep slopes to get up and if sturdy shoes or even walking boots are needed.
- When the walk starts and finishes.
- Where the walk goes from and to. If it comes back to the starting point it will say 'Return'.
- Any extra information – if there is a lunch stop (bring a packed lunch), if pets aren't allowed and whether you need to contact the lead person to book a place.
- Travel options to the starting point – these are mainly recommended bus/tram/train services from the city centre. Otherwise call **Traveline on 01709 51 51 51** or see www.traveline-southyorkshire.com to plan your journey.
- The walk lead – if there is anything you aren't sure about from this information, give them a call/email.

Peak District Walking Festival

25th April – 4th May 2009

The Peak District celebrates five years of the Walking Festival in 2009. With more than 100 walks and activities it will include a wide range of guided walks with local experts leading on themes such as food and drink, ghosts, heritage and geology. Food & Drink themed walks include "Pipits, Puddle-fields, Pingwood, Pub", "Round the Rezzas for Redshanks" and "Hare we go for Roasties" and will involve (non-compulsory) food stops.

If you'd like something a bit different then try "Caving for the Terrified – A Gentle Introduction", "Parent & Child Rock Climbing & Abseiling Day" or "Big Abseil Millers Dale Viaduct".

Something completely new to the Festival will be our photography walks, for anyone with a camera who enjoys beautiful Derbyshire and landscape photography. There will be several experienced and qualified photographers on hand to provide help on a one-to-one basis.

For full details see www.visitpeakdistrict.com/pdwf.

Symbols: indicate footwear and the steepness of slopes/hills

- Walking boots
- Sturdy shoes
- Medium
- Steep

Saturday 30 May

Stroll Ford - Ridgeway and Plumley
 4km/2.5miles
 10.15am - 12.45pm
 Car Park behind Bridge Inn, Ford → Return
 No pets
 9.09 tram - Cathedral to Gleadless Townend; 09.35am 252 bus - Gleadless Townend to Bridge Inn
Barbara Brook - 0114 247 4696

Wyming Brook to Rivelin Valley
 10.5km/6.5miles
 10am - 3pm
 51 Bus Stop Arundel Gate → Malin Bridge Tram Stop
 Lunch stop
Les Seaman - 0114 266 7723

Sunday 31 May

Dungworth, Ughill Woods & Bradfield
 18km/11miles
 9.50am - 4.30pm
 Malin Bridge Tram Stop → Return (via Wincobank)
 Lunch stop
 09.37 tram - Cathedral to Malin Bridge
Neill Schofield - 0114 272 4499
neill.schofield@googlemail.com

Iron Age to Steel Age (Cultural and Industrial History)
 History; 10km/6miles
 10.30am - 3pm
 Meadowhall Tram Station → Shalesmoor tram stop (via Wincobank)
 No pets; Lunch stop
 Bus/tram/train to Meadowhall
Terry Howard & Darren Barks - 0114 266 5438

Sheffield Country Walk
 9km/5.5miles
 10.30am - 2pm
 Meadowhall Railway Station → Treeton
 No pets; Lunch stop
 Bus/tram/train to Meadowhall
Stella Longden - 0114 269 4698
stella.longden@talktalk.net

Monday 1 June

Birding around Agden
 Nature; 4km/2.5miles
 10.30am - 2.30pm
 Low Bradfield on "The Sands" car park (back of the cricket pitch) → Return
 No pets; Lunch stop
 10am 61 bus - Hillsborough Interchange to Low Bradfield
Lesley Churton/Jan Taylor - 0114 230 2511
lesleyjan@btinternet.com

Lower Manor and Surrounding Woodland
 3km/2miles
 10.30am - 11.30am
 Little Chef at Prince of Wales Service Station → Return
Ben West/Helen Judge - 0114 205 3954

Sheffield Country Walk
 14km/8.5miles
 10.30am - 3.30pm
 No pets; Lunch stop
 North end of Well Lane → Eckington Church
 9.40am 26 bus - Sheffield Interchange to Treeton Main St
Ron Little - 0114 249 2886

An Evening Exploring the Woods of Beauchief
 Nature; 8km/5miles
 7pm - 9.30pm
 Millhouses Park Café → Return
 No pets
 Regular 97/98 buses - Pinstone St to Millhouses Park
Sue Lee - 07769 913005

Tuesday 2 June

Foxhill and Trans Pennine Trail
 3km/2miles
 10am - 11.30am
 Foxhill Children's Centre, Keats Road → Return
 No pets
 9.30am 77 bus - Sheffield Interchange to Halifax Road, Fox Hill
Ben West/Helen Judge - 0114 205 3954

Around Holmesfield
 13km/8miles
 10am - 4pm
 Totley, Cross Scythes → Bradway
 Lunch stop
 9.35am 97 bus - High Street to Totley Cross Scythes
Christine Hewitt - 0114 236 6685
Christine.hewitt6@btinternet.com

Challenge walk - Sheffield's NW Frontier
 22.5km/14miles
 10am - 4.30pm
 King's Tree (GR 167938) → Return
 No pets; Lunch stop
 Drive to north end of road along west side of Derwent/Howden reservoirs. Lift back can be arranged.
Bill Barraclough - 0114 258 1294
bill@barracloughb.fsnet.co.uk

Sheffield Country Walk
 10km/6miles
 10.45am - 2.45pm
 Eckington Church → Coal Aston
 No pets; Lunch stop; Book ahead
 9.46am 253 bus - Flat St to Prince of Wales, Eckington
Ken Stringfellow - 0114 230 4063
Brian Harwood - 0114 230 3519

Historical Handsworth
 History; 1.5km/1mile
 6.30pm - 8pm
 St Mary's Church → Return
 No pets
 Regular 52 buses - Arundel Gate to Handsworth going past the church
Sandra Gillott - 0114 269 8213

Wednesday 3 June

Best View from an English Church
 16km/10miles
 10am - 4pm
 Green Lane, Wharnciffe Side → Return
 No pets; Lunch stop
 09.30am 57 bus - Sheffield Interchange to Green Lane
Patricia Lynn - 01226 763046

Rother Valley Country Park
 6.5km/4miles
 10.30am - 12.30pm
 Waterhorpe tram stop → Return
 No pets; Lunch stop; Book ahead
 Rother Valley Way
Pat Clifton - 0114 251 0450